

# Employability Skills Group



## Are you an Autistic Adult looking for work?

Our monthly Employability Skills Group covers topics such as:

- Identifying your strengths and skills
- Setting realistic employment goals
- Writing / Updating your CV
- Writing cover letters
- Applying for work
- Disclosing your diagnosis
- Barriers to employment
- Interview preparation
- Starting work
- Support available when you start work



To register your interest, please use our QR code or email / Teams [annie@hacs.org.uk](mailto:annie@hacs.org.uk)



HSENA, 151a Church Road, Northolt, UB5 5AG  
27/2/24 10:00 - 12:00

**Eligibility - 18+, Ealing Resident, no additional diagnosis of a Learning Disability**